



CHILTERN PROSTATE CANCER SUPPORT GROUP

Patron Sir Michael Parkinson CBE

NEWSLETTER

Summer 2017

Newsletter Editor's Ramblings

Looking Forward

There's so much planned for the weeks ahead it's important to get these dates in your diary straight away.

1 October 2017: The Urology 30 Challenge, see below for details.

3 October: Presentation by Hilary Baker and the CPCSG AGM. 7.00 pm High Wycombe Cricket Club

1 November: Men's Wellbeing Day at Stoke Mandeville Hospital

7 December: Christmas Social. 7-7.30 pm High Wycombe Cricket Club

The Urology 30 Challenge – 1 October.

Some of our fabulous Urology team including Rose, Joe, Krystyna and Claire are joining Mr Greenland on this fund raiser.

Scannappeal is running an appeal to raise £130,000 for a revolutionary 3D laparoscopic system to treat patients with prostate, kidney and bladder cancers.

To support the appeal and to encourage others the Urology Team is planning to undertake a 30 mile sponsored walk along the Ridgeway path. The team comprises consultants, doctors, specialist nurses and administrative staff.

Donations can be made via www.justgiving.com (search "urology 30") or direct through Scannappeal. Please give your support and encouragement to "our" team.

Hilary Baker & AGM – 3 October

Some of you will remember Hilary, the Uro-Oncology Nurse Specialist who preceded Rose at Wycombe Hospital. Hilary left a few years ago (can it really be that long??) to take

up a challenging role at University College Hospital in London.

Hilary is coming to our meeting to explain how urological matters are handled by a major teaching hospital and to highlight the differences in approach.

This should prove to be a very interesting meeting and a real opportunity to welcome Hilary back into the fold (even if it's only for an evening!!)

We are looking forward to a big attendance in support of Hilary and the Officers who are seeking election at the AGM. *Editor's note – CPCSG only continues through the commitment and enthusiasm of the Officers and Committee. Please come and join the Committee as we would welcome your ideas and involvement in taking the group into the future. The Committee only meets about three or four times a year and it's not stuffy nor too much work – come to the AGM and volunteer. Why not phone Chairman Terry in advance and find out what's involved.*

Men's Wellbeing Day – 1 November

This is a repeat of the successful day held earlier in the year at Stoke Mandeville Hospital. Various organisations provide information stands for patients seeking to increase their knowledge.

Christmas Social – 7 December

Our annual "get together" at the start of the festive season. Invitations will be sent out nearer the date but it's a lovely opportunity to catch up with friends and to win a raffle prize.

The Committee already has plans outlined for 2018 including a Quiz evening in the spring, a guest speaker in the autumn and repeats of the summer BBQ and Christmas Social.

Looking Back

Our April meeting which received a presentation from Consultant Urologist John Kelleher was extremely well attended (60+) and it was very good to welcome some new members. John captivated his audience, he addressed diagnostics and treatments, he spoke about modern procedures & practices and he stayed for a long question and answer session afterwards. Our nurse specialists Rose and Pam were able to provide input too.

Pam Ging attended the European Association of Urology Congress in London with some funding provided by CPCSG. She found this to be an excellent conference with particular relevance to her role and was invited to provide a brief report to the June meeting of the Patient Experience Group of which Chairman Terry is a member.

On 4 August the Summer BBQ was held at High Wycombe Cricket Club and was attended by nearly 50 members including our nurses Rose and Pam. It was an excellent event and our thanks go to Secretary Keith for organising it and to Jeff and Grace Gunn for a hugely successful raffle (I think nearly everyone got a prize!!)

Committee members had attended urology out-patient clinics on a trial basis to see if this would help patients or increase membership. After evaluation it was decided not to continue attending clinics.

Sadly this year we were unable to provide information stands at Marlow Town Regatta, Rebellion Brewery and the Chalfont St Giles Show owing to lack of organising support.

Chairman Terry had been invited to make a presentation to the Rotary Club of Aylesbury Hundreds in July which was well received.

Chairman Terry, Treasurer Alan and Secretary Keith were pleased to make a substantial contribution, on behalf of CPCSG, to Scannappeal and its urology initiative.



(l to r) Terry Brown, Keith Gordon, John Kelleher, Alan Rowe.

News from Tackle

The Federation held its AGM in June at Edgbaston where some 35 support groups were represented. The Federation now comprises 87 support groups and continues to grow. Full details of the AGM can be found in the latest Prostate Matters magazine or on the Tackle website www.tackleprostate.org

We continue to liaise with our sister support groups whose details are below.

Aylesbury Vale Prostate Cancer Support Group – www.avpcs.org.uk Bruce Cameron is one of their Trustees and he is also a member of the CPCSG committee.

Oxfordshire Prostate Cancer Support Group – www.opcsg.org Rose Southby, our Clinical Nurse Specialist and team leader was instrumental in establishing this group during her time at the Churchill Hospital

If you would like more information, or you no longer wish to receive this newsletter, please contact the CPCSG Secretary, Keith Gordon, 29 Adam Close, High Wycombe HP13 6BY.
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