

NEWSLETTER Summer 2018

Excellent News

We are delighted to learn that Rose Southby, the Team Leader and Uro-Oncology Nurse Specialist at Wycombe Hospital, has been invited to contribute to a key national organisation.

She has joined the NHS England Expert Panel for Prostate Cancer in addition to her responsibilities at Bucks Healthcare. When the Committee was informed of this prestigious appointment we offered our warmest congratulations. Well done Rose!

General Data Protection Regulation

I know that, like me, you will have been bombarded with mails about GDPR, some inviting you to respond positively so that your contact details can be retained by organisations whilst others merely have informed you that they have updated their privacy policy and that you should contact them if you wish to "opt out".

You will already have received correspondence from Secretary Keith Gordon inviting you to continue in membership of CPCSG and seeking a positive response. In consequence our new mailing list is now nearly 50% smaller but sadly some members have now asked for their email address to be changed to their "snail mail" address. Whilst the reduction in members is good because it reduces some costs the change to "snail mail" has a deleterious effect on our printing and postage costs. We welcome members allowing us to use email as it is much more cost effective for the charity. If you wish to change to allow your email

address to be used please contact Secretary Keith.

One of our "Good Deeds"

We were approached last year by a member with prostate cancer, who was having great difficulty ascending and descending his stairs at home. He had managed to obtain the majority of the funds but CPCSG was able to make a small contribution towards the installation of a stairlift. He told us we helped to make his life more comfortable.



Sadly, we have recently learned that he lost his fight against prostate cancer.

Another "Good Deed"

Following a request from the Clinical Nurse Specialists at Wycombe Hospital we have arranged the purchase of a very useful piece of equipment which will benefit urology patients. It took time to investigate the most appropriate product and to ensure it was NHS compliant but finally we bought an up to date bladder scanner, all thanks to our wonderful donors.

This year – so far

Your Committee, with our new Chairman and Vice Chairman, has met twice so far this year to ensure the business of the Charity continues properly and to lay out plans for the months ahead.

On 10 April our Secretary Keith organised a very good **Quiz Evening** at the Wycombe Cricket Club. It was a

successful evening, despite a lower attendance than expected, and it was good to see so many new faces. Well done Keith and Vivienne for your brilliant organisation.

On 5 May the Wycombe Orpheus Male Voice Choir held a concert at the Wycombe Swan theatre and CPCSG was a major beneficiary. We are (again) grateful to the Choir for their continued support of CPCSG and our Treasurer Alan was delighted to attend the concert – he was even more delighted to receive a very generous donation from the Choir.

CPCSG Website

It has been decided to update the website in order to make it more attractive to new members and to ensure that new events can be better promoted. Work is already underway; so watch this space.

Awareness Presentation

Several of our members occasionally give presentations to local groups such as Rotary Clubs, Lions etc. In order to ensure that our messages to the public are consistent the Secretary Keith had produced an excellent powerpoint presentation which can be supplemented by the presenter's own experiences.

We are also investigating the feasibility of obtaining a small projector for making such presentations.

Awareness Events

CPCSG has already booked information stands at the following shows – however please ensure that you volunteer to help otherwise we shall fail. **We need your help** so please contact Secretary Keith or the Organiser asap to offer your support.

Marlow Town Regatta – Sunday 17 June
Organiser – Barry Sarl.

Chalfont St Giles Show – Saturday 1 September.

Organiser – Andrew Scott-Priestley

Henley Show – Saturday 8 September.
Organiser – Tony Weeden.

Amersham Heritage Day – Sunday 9 September.

Organiser – George Allison

Dates for the Diary

Summer BBQ – Friday 3 August at Wycombe Cricket Club. Tickets will be on sale shortly.

Autumn Meeting – Monday 1 October at Wycombe Cricket Club

There will be an interesting presentation on the subject of bone health. Guest speaker – Lawrence Drudge-Coates.

Christmas Social – Thursday 13 December at Wycombe Cricket Club. Tickets will be on sale in the autumn

We are also arranging for a return visit by Lorraine Grover at a forthcoming meeting. Lorraine is well-known to CPCSG, she always attracts a large audience, and speaks openly and with passion about issues such as sexual health and erectile dysfunction.

We continue to liaise with our sister support groups whose details are below and their newsletters are always worth a look. Links to these groups will be included in our new website.

Aylesbury Vale Prostate Cancer Support Group – www.avpcs.org.uk

Bruce Cameron is one of their Trustees and he is also a member of the CPCSG committee.

Oxfordshire Prostate Cancer Support Group – www.opcsg.org

Rose Southby, our Clinical Nurse Specialist and team leader was instrumental in establishing this group during her time at the Churchill Hospital

We have recently learned of a new local group “Compass Prostate Cancer Support Group” which is centred on Wexham Park hospital. We are establishing contact with them.

If you would like more information, or you no longer wish to receive this newsletter, please contact the CPCSG Secretary, Keith Gordon, 29 Adam Close, High Wycombe HP13 6BY.

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